

My guess is that if you downloaded this, you have a new mother in your life that you want to support. If so, I'm so excited! I know great things will come as you seek to encourage young mothers and support them in their transition to motherhood.

My ebook, "Fruitful Friendship" is a great resource to draw from for more ideas to minister to new mothers! Not only is it an amazing study to do with friends, it has so many service project ideas to bless the world around you. You don't want to miss it! You can grab your copy at:

www.WithLoveFromVictoria.com/Blog/Ebook





## Conversation Questions - Motherhood



I know it's common to go through the baby blues — how can I be there for you so you don't feel alone?



Can I pick up anything from the grocery store for you this week?

In what way does your heart need encouragement right now?

Do you have someone you can call or text during nighttime feedings to keep you company?

Here's my number!

## Conversation Questions - Motherhood







What is something you wish you would've received at your baby shower.
but didn't?





www.WithLoveFromVictoria.com/Blog